



The F5 Project Transitional Living Program utilizes a phase system for housing participants. The purpose of this is to offer structure, yet independence as individuals reintegrate back into the community.

If any of the phase guidelines are not honored, there may be a phase drop, or restart at Phase 1 depending on the circumstances. This will be handled case by case.

Close to the end of a phase timeline, a one on one with housing coordinator is set up to determine phase increase, and also obtain official Phase Graduation Certificate!

Phase 1: Reintegration

The purpose of Phase 1 is for housing participants to properly reintegrate back into the community and build their support system. Each housing program participant begins at Phase 1 regardless of previously achieved recovery goals such as treatment, job, schooling etc. There is a minimum 45-day Phase 1 introductory period upon entering the F5 Transitional living program.

1. Honor the F5 Community Guidelines and Agreements
2. Establishes and maintains open communication with the housing team
3. Honor the 10pm curfew during weekdays, and 11pm on weekends
4. Honor drug screening and breathalyzer requests
5. Obtain and or maintain a full-time 40-hour schedule of employment; OR a combination of work, volunteering, school, or treatment.
6. Has done initial budget plan with Housing Coordinator
7. Identify and attend a minimum of three recovery meetings per week (AA, NA, SMART, Re-entry group, reentry/Hustle-Up Group, etc.)
8. Complete recovery meeting verification form each week
9. Maintain all treatment obligations if applicable
10. Maintain all appointments with probation/parole
11. Pay program fees regularly and in a timely manner if applicable
12. Attend weekly house meeting, followed by re-entry group
13. Obtain a recovery mentor/sponsor/peer support

Phase 2: Stability

The purpose of Phase 2 is for housing participants to balance their reintegration with stability. Provided a housing participant has accomplished the goals in Phase 1 and has been in the housing program for a minimum of 45-days, they then become eligible to enter phase 2 after a one on one with their regional housing coordinator. Phase 2 is a 120-day phase, allowing up to 5 overnight passes a month, and/or extended passes.

1. Continue honoring the F5 Community Guidelines and Agreements
2. Maintains open communication with the housing team



3. Honor the extended weekday curfew of 11pm on weekdays, and 12am on weekends
4. Honor drug screening and breathalyzer requests
5. Maintain a full-time 40 hour a week work schedule
6. Has completed a budget review
7. Begin addressing any fines, child support, court fees etc.
8. Maintain a minimum of three recovery meetings per week (AA, NA, SMART, Re-entryHustle UP group etc.)
9. Transitioned off housing funding to pay housing program fees independently and on a timely manner (if applicable)
10. Continue to attend weekly house meeting, followed by re-entry
11. Continues to maintain all appointments with probation/parole
12. Continues recovery work with mentor/sponsor/peer support

Phase 3: Maintenance

Phase three is the final phase of the F5 Project Transitional Living Program, which is maintained until the departure from the F5 Project Housing. It is also the start of independent living, while still structured. This is the last stage before full integration into the greater community. During this phase, F5 Project provides a housing reference letter if needed, flexible curfews, and extended passes.

1. Continue to honor Phase 1 and 2 requirements
2. Honor the extended curfew of 12 am on weekdays and 1am on weekends
3. Begin rebuilding personal relationships with loved ones
4. Permission to work overnight shifts
5. Begin applying for apartments/independent living with the assistance of F5 Project
6. Graduate from the F5 Project Transitional Living Program, move into independent living, and stay connected!

***The phases may be modified on a case-by-case basis, if the Regional Director and Housing Coordinator are in agreement with the modifications.*